CHARGERS STUDENT-ATHLETE HANDBOOK



CAMOSUN COLLEGE

CAMOSUN.CA/CHARGERS



CONTENTS

	Page
Welcome and Introduction	3
Chargers Athletics Vision, Mission, and Values	3
Camosun College Organizational Chart	5
Camosun College Student Affairs Organizational Chart	6
PISE Welcome and Policies	7
1. PACWEST and CCAA Membership	9
2. Athletics & Support Department Contacts	10
3. Facilities	10
4. Objectives of the Chargers Program	11
5. Our Commitment	12
6. Student-Athlete Commitment	14
7. Student-Athlete Code of Ethics	15
8. Student-Athlete Eligibility	15
9. Operation of the Chargers Program	16
10. Grievance Procedure	18
11. Travel Policies	19
12. Financial Assistance	20
13. Student Services	21
Academic Advising	
Counselling Centre	
Office of Student Support	
13. Intercollegiate Athletic Awards	22
Appendix A: Important Websites	24

Camosun College is located in beautiful Victoria, British Columbia with campuses on the Traditional Territories of the Lekwungen and WSÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.



WELCOME

Welcome all new student-athletes to the Chargers family and welcome back to our returning student-athletes!

We are committed to providing you an environment that will help you grow and transform as people, and contribute to the culture of the Camosun Chargers Intercollegiate Athletics Program. I encourage you to take advantage of all supports the college has to offer, as we are all here to support you through your academic and athletic journey.

Though our goals on the floor, in the classroom, and in our personal lives are many, and our ambition infinite our collective duty is to leave the jersey you wear this season, in a better place. Wins and medals represent events that we can be proud of, yet true success must include what we leave behind in the lives of others. To create and be a steward for an inspirational culture is part of the ultimate human experience; your life is effectively passed onto the next generation through culture. A society only grows great when people plant seeds to trees whose shade they may never see, when we take it on ourselves to be good ancestors, when we move the culture forward. Coming off of our best season in history, we walk forward together into the Chargers 30th year, where we will reach new heights.

If you have any questions or require any assistance, please do not hesitate to contact me at CuachonS@camosun.ca or 250-370-4736 or in person at PISE 118.

We wish you the best for a successful year in classroom and on the court!





Scot Cuacnon

Manager, Athletics & Student Life



A VISION FOR ATHLETICS OUR MISSION FOR YOUR EXPERIENCE

Vision

Camosun's Athletics Department is known across Canada for leadership and excellence in college sport and will attract talented athletes with a burning desire to succeed within a strong ethical framework. Our department's irrepressible sense of purpose will be a source of excitement and pride within the college and the community.

Our holistic approach will help student-athletes grow and develop as people, through their passion for sport. They will carry the experience and the attitude of excellence with them for the rest of their lives and pass it on to others.



Mission

To create transformational environments where appropriate learning, holistic development, and impactful experiences are nurtured to take place. Through this mission-based and values-driven atmosphere, we strive to empower our student-athletes to be stewards of an inspirational culture, make positive contributions in their community, and to forever be caretakers of the Chargers lineage.

Values

In all our interactions, the coaches and staff of the department are guided by the following values, which we hope to nurture in the student-athletes passing through our programs.

- Commitment to a transformative student-athlete experience
- Competence, connection, autonomy
- Passion and principles
- Ethical practice (communication, integrity, honesty)
- Respect.

Integrity

Competence

Competence

Commitment

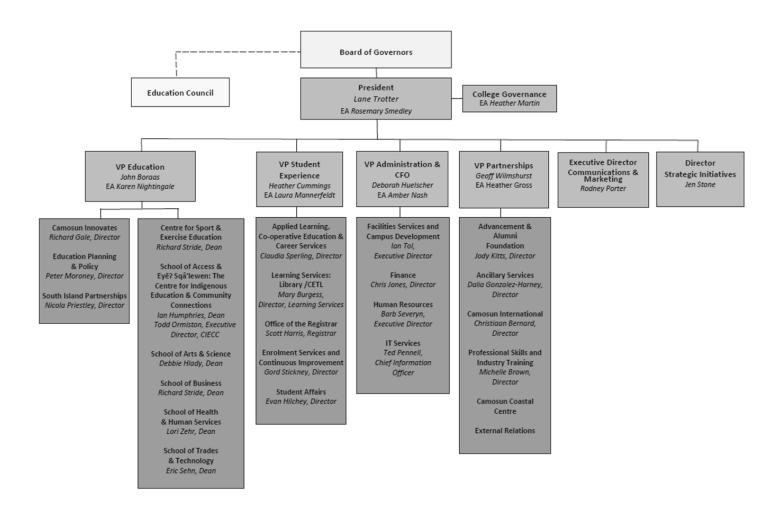
Ethics & Fair Play

RESPECT

Commection



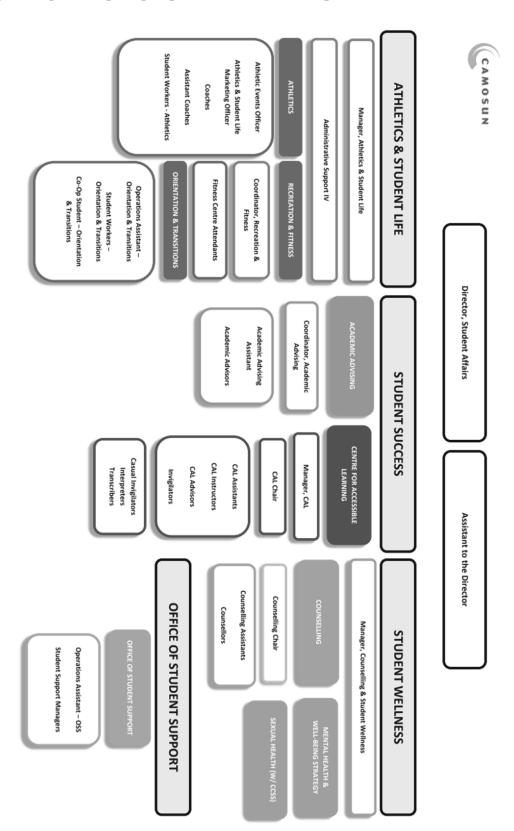
CAMOSUN COLLEGE ORGANIZATIONAL CHART







CAMOSUN COLLEGE STUDENT AFFAIRS





PISE WELCOME & POLICIES

The following important information outlines the process of how to receive your membership to the Pacific Institute of Sport Excellence (PISE).

These steps **must be completed prior** to your first workout session, which allows for a simple registration process by minimizing lengthy lineups.

If you have been to PISE previously, there will already be an account profile for you; <u>please do not create</u> <u>a new one.</u>



Active Net Profile Set-Up

- Scan the QR code
- 2. Enter required information



RWI Waiver

- Scan the QR code
- 2. Enter required information
- 3. Under "Identification," enter your driver's license #

Camosun Chargers Athletes will be provided the following have access to in PISE:

- Annual membership to the world class fitness centre
- Personal locker in the Chargers team change rooms
- Strength and conditioning programs developed and led by PISE fitness professionals in the highperformance gym

When using PISE and the services provided, please remember to treat the facility and the staff with respect by:

- Each athlete must scan their membership card prior to entering the first-floor front desk facilities (including Fitness Centre/ gymnasium /high performance space, etc.)
- Clean and wipe down equipment in the Fitness Centre after each use.
- Borrowing of equipment to the gymnasium must be traded for a PISE membership card (i.e.: spin bikes, bands, foam rollers, etc.).
- Ensure that each team comes into the Fitness Centre in a staggered manner (4-5 athletes at a time) to not overwhelm the facilities. In addition, players should spread themselves out throughout the Fitness Centre so that other users can easily navigate the facility.
- At any one time there must be at least two (2) pieces of any one piece of fitness equipment left for public use.
- Appropriate language and respect of PISE as a family friendly facility.





- Clean and tidy the gymnasium after each practice (pick up tape, pro-wrap, water bottles, garbage).
- Snacks and gum are NOT permitted in the gymnasium so we expect to not see these items (or remnants of them) in the gym.
- Ensure extreme care in the gymnasium when moving equipment, the volleyball carts are especially risky to the floor.
- Gym bookings have tight turnaround times, so we expect the facility to be ready for the next user.
- PISE reserves the right to revisit the restricted use times.

It is important to remember that you, as Chargers players, are ambassadors of the program and Camosun College. By following these simple guidelines, we will maintain a respectful and beneficial relationship between the numerous users at PISE, including the general community.

Failure to follow these guidelines may result in a loss of your user privileges at PISE.







1. PACWEST and CCAA MEMBERSHIP

Camosun has been a member of the PACWEST and the CCAA since 1994. Currently, there are 8 participating members in the league and over 90 members from the 5 provincial associations across the country.

PACWEST INSTITUTION	ABBREVIATION	TEAM NAME	CITY
Camosun College	CAM	Chargers	Victoria
Capilano University	CAP	Blues	North Vancouver
College of the Rockies	COTR	Avalanche	Cranbrook
Columbia Bible College	CBC	Bearcats	Clearbrook
Douglas College	DC	Royals	New Westminster
Langara College	LC	Falcons	Vancouver
Okanagan College	OC	Coyotes	Kelowna
Vancouver Island University	VIU	Mariners	Nanaimo





















2. ATHLETICS & SUPPORT DEPARTMENTS CONTACTS

Athletics			
Scot Cuachon Manager, Athletics & Student Life	PISE 118	cuachons@camosun.ca	250-370-4736
Bonnie Faganello Athletics & Student Life Administrative Support	PISE 118	faganellob@camosun.ca	250-370-4737
Stacie Couch Athletics & Student Life Marketing Officer	PISE 118	couchs@camosun.ca	250-370-4734
Cory Ahlers Athletics Events Officer	PISE 118	ahlersc@camosun.ca	250-370-4735
Head Coaches			
Geoff Pippus Men's Basketball	PISE	chargersmbb@camosun.ca	778-839-2412
Justin Thiessen Women's Basketball	PISE	chargerswbb@camosun.ca	778-677-8888
Kelvin Ma Men's Volleyball	PISE	chargersmvb@camosun.ca	778-385-1919
Brent Hall Women's Volleyball	PISE	chargerswvb@camosun.ca	778-678-4255
Support Services			
Deborah Delaney Admissions & Registration Support	LACC 226	debdelaney@camosun.ca	250-370-3834
Darryl Gorrie Manager, Centre for Accessible Learning	LACC 217	gorried@camosun.ca	250-370-3829
Liisa Robinson Chair, Counselling, Counsellor	LACC 314	robinsonl@camosun.ca	250-370-4922
Robynne Mills Academic Advisor	CBA 241	millsr@camosun.ca	250-370- 3317/4705

You can contact any of the above individuals for help or assistance anytime.

3. FACILITIES

INTERURBAN

PISE
Gymnasium, Fitness Centre and High Performance,
Training Centre, Team Change Rooms
Chargers Athletics Office (PISE 118)

LIZ ASHTON CAMPUS CENTRE
Fitness Office (CC116)
Fitness Centre and Movement Studio (CC114)
Shower and Change Rooms
Outdoor Basketball Court

LANSDOWNE

YOUNG BUILDING Fitness and Recreation Office (Y116) Fitness Centre (Y112) Movement Studio (Y114) Shower and Change Rooms



4. OBJECTIVES OF THE CHARGERS PROGRAM

The primary objective of the Camosun College Chargers Intercollegiate Athletics Program is to create a mission based, values driven atmosphere that nurtures students' progress towards their personal, academic, and athletic potential by providing transformative experiences in a manner which will help them build self-esteem and develop lifelong qualities of leadership, fair play, respect, self-discipline, and perseverance.

These specific objectives of the program includes:

- Support the development of the person beyond academics and athletics
- Create a safe sport atmosphere free of maltreatment
- Develop superb student-athletes who are ambassadors for their sport, role models in their community, and reinforce in them a commitment to excellence that enriches the college
- Nurture a teamwork and team first attitude perspective
- Foster conditions for strong lifetime bonds to develop
- Promote healthy student-athlete standards
- Cultivate respect for sport and all its participants through the promotion of Fair Play principles











5. OUR COMMITMENT

The Camosun Chargers Intercollegiate Athletics Program staff and coaches are dedicated to building and maintaining a high quality program which will assist student-athletes in their total educational process and contribute to the positive image of Camosun College, the PACWEST, and the CCAA.

COMMITMENT TO STUDENT-ATHLETES

Academics

- Ensure timely access to academic supports, such as Academic Advising
- Ensure that the academic goals of the student-athlete are recognized as paramount
- Ensure that the academic standards of Camosun College and the PACWEST are consistently achieved or surpassed

Coaching

- Maintain a high standard of coaches and coaching
- Encourage and support coaching staff professional development

Wellness

Ensure timely access to mental health support through Counselling Services

COMMITMENT TO EXCELLENCE

- Carry out institutional and departmental policies and procedures in such a way that serves as an example of excellence
- Encourage excellence in all endeavours of every participant
- Recognize outstanding achievement and performance

COMMITMENT TO FACILITIES

- Ensure that adequate facilities are secured to meet the needs of the athletics program
- Ensure that safe, clean, and functional facilities are provided for training, practice, and competition

COMMITMENT TO COMMUNICATION

- Create a positive and interactive environment for all participants to clearly and effectively communication rights, responsibilities, and expectations
- Seek and respond positively to the suggestions and concerns of all participants

COMMITMENT TO EQUITY OF OPPORTUNITY

Promote equal access to opportunities for all participants

COMMITMENT TO TRADITION

• Establish and enhance traditions for fair play, pride, poise, and innovation





COMMITMENT TO COACHES

Camosun Chargers coaches are expected to adhere to existing policies with the CCAA, PACWEST, their respective national sport organizations, and the Camosun College policies and regulations.

The coach/student-athlete relationship is a privileged one and plays a critical role in the academic, athletic, and personal development of student-athletes. Coaches are expected to understand and respect the inherent power imbalance that exists in this relationship and must not abuse it in any manner. Coaches should always display high personal standards and act with integrity towards their student-athletes, fellow coaches, administrators, officials, parents and families, spectators, community members, media, and themselves.

All coaches involved with the Camosun Chargers posses the following qualifications:

- In accordance with the CCAA Operating Code, Regulation 5.3, a coach is required to have achieved the following certification, based upon years of occupation as follows:
 - 5.3.1: Three years shall be the timeline set, from the time of employment as head coach at the institution, to the coach's third anniversary, to achieve certification by sport as follows:
 - Basketball—certified Train to Train
 - Volleyball—certified Advanced Development Coach
 - o 5.3.2: Five years shall be the timeline set, from the time of employment as head coach at the institution, to the coach's fifth anniversary, to achieve certification by sport as follows:
 - Basketball—certified Train to Compete
 - Volleyball—certified Performance Coach
- Minimum BC Class 5 drivers' license; class 4 preferred
- A positive attitude and approach to sport and life in general
- A consistently demonstrated high caliber of leadership, together with personable qualities such as fair play, honestly, integrity, sincerity, and sobriety, that will help attract respect and sustain an abiding interest by others
- A sincere interest in working with and helping young adults establish and reach their goals





6. STUDENT-ATHLETE COMMITMENT

All athletic representatives of Camosun have a commitment to their fellow student-athletes, coaches, and the College. As a member of the Chargers athletics program, it is your responsibility to:

- Consider your academic studies at Camosun College first and foremost and maintain proper academic standards to meet the eligibility requirements of the College, the PACWEST, and CCAA.
- The department highly recommends that all student-athletes have a complete medical examination and receive approval from a qualified physician prior to participating in the intercollegiate athletics program.
- Have medical insurance (i.e. BC MSP or the CCSS Student Benefits Plan) and provide a contact number of someone who could be reached in the event of an emergency. For more information on the CCSS benefit plan visit their <u>website</u>.
- Personally contact your instructors at the beginning of each semester to inform them when classes will be missed due to approved intercollegiate athletics travel.
- Meet with instructors to determine alternate arrangements for projects and exams. In the past, arrangements have been made for the student-athlete to complete the project or exam under the supervision of the coach while away from the college.
- Be fully dressed and ready to go for practices and games/matches. Student-athletes are required to
 make every effort to notify the coaching staff at the earliest possible time if they will be late or unable
 to attend any practices or games/matches.
- Immediately notify your coach and student-athletic therapist of injuries. Injured athletes are expected to seek medical attention as early as possible and to follow complete medical rehabilitation.
- Use the facilities and equipment owned and leased by the College with proper care and responsibility.
- Be considerate and courteous to facility hosts and ensure that the bench area and the change rooms are left in a neat and undamaged condition and that all garbage is placed in garbage containers when leaving host facilities both at home and on the road.
- Treat teammates, coaches, officials, and the opposition with respect.
- Show good judgment and maturity. Refrain from exhibiting negative behavior (i.e. swearing, being disrespectful towards others, throwing temper tantrums, showing off, fighting, etc.). Your behavior is a reflection of your team, Camosun Chargers, players who have gone before you and players who will follow. Be a good ambassador for the team, the department, and the college.
- Avoid the use of tobacco, alcohol, and other drugs. Alcohol is not recommended within 24 hours before competition. There is ZERO TOLERANCE for alcohol/illegal drugs when travelling on league and exhibition trips.
- Strive to do your part, help out, be enthusiastic, and reach for your potential both on and off the court.
- Adhere to established policies governing the Camosun Chargers Intercollegiate Athletics Program, Camosun College, the PACWEST, and the CCAA, as well as the laws of British Columbia and Canada.

As part of being an athletic representative, you are the "face" of the Camosun Chargers and we encourage you to help promote the program through participation in community events and social networking activities. You can do this by following us on Twitter and Instagram, liking us on Facebook, and helping us create conversations and recognition with the community at large. Posts on social media pages provide you with the opportunity to comment on your games and training, view game-day videos and photos, and chat with other Chargers family members including alumni and fans.



7. STUDENT-ATHLETE CODE OF ETHICS

The following is taken from the *Fair Play Handbook* which is published by the Coaching Association of Canada.

- I believe that the true essence of sport is to strive for personal achievement and excellence through full and honest effort.
- I am committed to participating in sport with integrity, and to striving to win only by legitimate means.
- I pledge to learn, understand, and adhere to both the written rules of my sport and the spirit and intent of fair play.
- I believe that violence and physical intimidation are harmful in sport, and I refuse to use such tactics in an attempt to gain unfair advantage.
- I understand that officials, teammates, and opponents are all integral to sport and are worthy of my respect.
- It is my responsibility to maintain self-control. I will accept official's decisions without argument, play aggressively but without hostility, and behave graciously in triumph or defeat.

An athletic representative whose conduct puts the reputation of teammates, coaches, the College or themselves in a compromising position will automatically be suspended from the Chargers program until the situation can be reviewed.

8. STUDENT-ATHLETE ELIGIBILITY

All student-athletes must meet the eligibility and participation requirements as stated in the <u>PACWEST</u> Operations manual.

Refer to **ARTICLE 12—ELIGIBILITY REQUIREMENTS** in the PACWEST Operations Manual or contact the Chargers Athletics office if you ANY questions concerning eligibility.

MANDATORY CCAA TRAINING—ALL DUE: October 1, 2023

All student-athletes are required to complete the following online training requirements through the CCAA:

Training—Chargers Safer Campuses THIS REPLACES SAFER CAMPUS

- Training covers the topics of consent, bystander, and assault/violence
- WEBSITE

CCES Anti-Doping Education—True Sport Clean

- Online training that incorporates the World Anti-Doping Code
- New student-athletes will need to create an account HERE
- Returning student-athletes can log into their account <u>HERE</u> and complete the course either True Sport Clean of the True Sport Clean Review, depending on eligibility.
- If you are taking CCES courses for the first time, CLICK HERE

CCAA Student-Athlete Consent Form

WEBSITE

Please email confirmation of completion for all mandatory requirements to Cory Ahlers at ahlersc@camosun.ca.



Use the key below to sign up. Enter your name, email address, and choose a password your can remember. Password must contain at least 1 upper, 1 lower, 1 number, and a character. Your email will become your user name to login.

CCAA-ACSC-2023

CAMOSUN COLLEGE POLICIES

All student-athletes are expected to behave in a manner that respects the privileges inherent within their role as Camosun college ambassadors. All members of the college community have a responsibility to act in manners consistent with the college's educational mission. Students have the right to learn in a safe environment, free from harassment, violence, intimidation, bullying, hazing, and coercion, whether the conduct occurs in person or through the use of technology. Students have obligations not to engage in conduct that causes harm to persons or property that violates college policies and procedures, or that otherwise contravenes federal, provincial or local laws.

Any conduct on the part of a student that has, or might reasonably be seen to have, a negative effect on the college or the college community, or that affects the health, safety, rights or property of the college or the college community may be subject to discipline under the following institutional policies, including, but not limited to:

E-2.5 Student Misconduct Policy

The Policy provides a framework, supported by principles and procedures, to address and resolve conduct issues. Its procedures include both and an informal and formal resolution process. This Policy is in addition to students' rights and responsibilities under other Camosun policies, directives, and associated procedures, and under the laws of local, provincial, and federal governments.

E-2.9 Sexual Violence and Conduct Policy

The purpose of the Sexual Violence and Conduct Policy is to clearly communicate Camosun College's commitment to prevent and respond to sexual violence and sexual conduct through:

- a) Establishing an environment where sexual violence and misconduct are not tolerated
- b) Building and nurturing a culture of consent
- c) Identifying clear and consistent support for people who have been impacted by sexual violence or misconduct
- d) Using clear, appropriate, and fair processes for handling complaints of sexual violence and misconduct
- e) Providing education, training, and awareness to the college community about prevention and response to sexual violence and misconduct

9. OPERATION OF THE CHARGERS PROGRAM

LEAGUE SCHEDULES

The PACWEST elects a VP Technical Director whose duties include creating league schedules for the following year. The PACWEST has developed a set of guidelines, which the VP must follow in the development of the schedules. Participating members of the association have an opportunity to provide feedback on the draft of the schedule prior to its ratification.

Anyone interested in seeing the complete scheduling policy is welcome to contact the Manager, Athletics and Student Life.

EXHIBITION SCHEDULES

Exhibition competitions and tournaments (both at home and on the road) must be approved by the Manager,



Athletics and Student Life. It is mandatory that adequate funding for each proposed event be available either in the team budget, team account or covered by team fundraising. All expenses incurred for exhibition events are the sole responsibility of the team. Failure to pay for any outstanding expenses will result in the immediate termination of future trips/events. Funds raised and assigned to the team for the following year may be used to cover any outstanding expenses.

DEPARTMENT FUNDING

All students attending Camosun College must pay an Athletics Levy as part of their tuition. A portion of this levy is used to fund the Chargers programs. Student-athletes should always keep in mind that their participation in the Chargers program is a privilege and made possible by their fellow students.

ATHLETICS BUDGET

All teams are funded on an equitable basis according to league commitments.

Funding for the intercollegiate athletics program from the Athletics Levy is allocated for items such as:

- Athletics staff, coaches, and officials
- PACWEST/CCAA association fees
- PACWEST league and championship travel
- Facility rentals
- Travel per diem for PACWEST league play and championships (some exhibition travel included)
- Some team gear
- Uniforms and equipment
- Promotion and marketing materials
- Awards

FUNDRAISING

Each team is encouraged to participate in fundraising activities. All fundraising efforts must first be approved by the Manager, Athletics and Student Life. Team fundraising accounts are managed by the Athletics Department.

It is mandatory for all teams/individuals wishing to order clothing, equipment, signage, or any other items bearing the Camosun Chargers name or logo to receive approval from the Manager, Athletics and Student Life BEFORE the order is made and paid for.

UNIFORMS AND EQUIPMENT

All uniforms, equipment, and scrimmage gear are purchased through the Athletics Department and are the property of Camosun College. Uniforms are purchased on a rotational basis, with the most recent ones for the 2021-22 season.

Student-athletes who fail to return any uniforms or equipment in good condition on or before the agreed date, will automatically have their course marks withheld until the property is either returned in satisfactory condition or paid for.

A deposit may be required for uniforms and/or equipment at the beginning of the season. The deposit will be refunded upon the return of the uniform or equipment.

Please keep in mind that uniforms are very expensive; treat them with respect.

IMPORTANT CHARGERS DATES

The following events are organized by the Athletics Department for the benefit of all Chargers athletic representatives. Student-athletes and coaches are expected to attend.



Athlete Orientation September 6, 2023

Camosun Chargers Alumni Golf Tournament September 22, 2023

Basketball Alumni Game September 23, 2023

Volleyball Alumni Game September 23, 2023

Volleyball Home Game Opener/Banner Raising/Ring Presentation October 21, 2023

Basketball Home Game Opener October 27, 2023

The Zone's Toy Drive December 2023 (date TBD)

VB PACWEST Championships @ Douglas February 23-24, 3024

BB PACWEST Championships @ Okanagan February 29—March 2, 2024

VB CCAA Championships (W@RED, M@CAM) March 6-10, 2024

BB CCAA Championships (W@MOH, M@SAIT)

March 13—16, 2024

Camosun Chargers Awards Banquet April TBD 2024

10. GRIEVANCE PROCEDURE

As per institutional policy, if a student-athlete feels unjustly treated, the following steps should occur:

Contact the **head coach** and arrange an opportunity to discuss the matter in private. If the matter is not resolved:

Contact the **Manager**, **Athletics and Student Li**fe and arrange to discuss the matter at hand. If the matter is still not resolved;

Contact the **Director, Student Affairs** and arrange to discuss the matter at hand. If the matter is still not resolved;

Contact the **ombudsperson** and arrange an opportunity to discuss the matter.

Camosun' ombudsperson is an impartial, independent service that works to ensure that students are treated fairly. The office is a safe place for students to voice and clarify concerns and complaints. The ombudsperson advocates for fairness and helps you achieve equitable resolutions.

Contact information can be found on page 9.



11. TRAVEL POLICIES

The objectives of these policies are to ensure the safety and benefit of all. Please be reminded that, as ambassadors of the College, you are representing Camosun and the entire Chargers Athletics program and are subject to right and responsibilities articulated within the <u>E2-5 Student Misconduct</u> Policy.

- a) The Athletics Department will establish and provide transportation and accommodation arrangements for all intercollegiate athletic trips associated with PACWEST and CCAA league competitions. Team members will travel as a group to and from all competitions and are expected to stay with the team at the accommodation provided. Alternate arrangements must be approved by the Manager, Athletics and Student Life. Teams may travel with a maximum of up-to 18 athletic representatives (e.g., student-athletes, coaches, one student-athletic therapist).
- b) All travel to and from exhibition events must be approved by the Manager, Athletics and Student Life. It is mandatory that adequate funding for each proposed trip be available (i.e. in the team budget, in the team account or covered by team fundraising) before any arrangements are made. All expenses incurred for exhibition events are the sole responsibility of the team. Failure to pay for any outstanding expenses will result in the immediate termination of future trips/events. Funds raised and assigned to the team for the following year may be used to cover any outstanding expenses.
- c) Only authorized travelers, as identified by the Athletics and Student Life Department, may travel with the team. Injured or academically ineligible players are not usually permitted to travel with the team unless the head coach verifies that the student-athlete will be responsible for specific duties while on the trip and the Manager, Athletics and Student Life gives their approval.
- d) Athletic representatives participating in an activity or event NOT related to a Camosun College sponsored activity while on an out of town road trip do so at their own risk. Camosun College, its officers, employees, and agents shall not be liable for any injury, loss or damage suffered by individuals participating in such activities.
- e) All authorized travelers are expected to be at the place of departure at the designated time. The transport vehicle will leave at that time. Those who arrive late will find themselves left behind.
- f) The Chargers Intercollegiate Athletics Program exercises **ZERO TOLERANCE** on the subject of student-athletes consuming alcohol and/or illegal drugs on exhibition or league trips. At the head coach's discretion, student-athletes of legal age may be permitted to consume alcohol at a Provincial or National Championship wind-up social, keeping in mind that they are to act responsibly.
- g) All student-athletes will be in their assigned rooms between the hours of midnight and 6:00 am of each day that they are representing Camosun College. No other persons, other than those registered to that room, are allowed in the rooms during those hours.
- h) Athletic representatives are responsible for leaving rental vehicles (vans, buses, etc.) and hotel rooms in a neat and undamaged state. No items are to be removed from the rental vehicles or hotel rooms other than those brought. Any damage or loss (to vehicles, hotel rooms or any property) caused by Camosun Athletics representatives or their guests will require full repayment by the individuals responsible and may result in suspension or expulsion from the Camosun Chargers Intercollegiate Athletics Program and/or Camosun College.
- i) Student-athletes are provided with a travel per diem for all league and championship travel. Student-athletes are responsible for their own spending money and any room charges other than accommodation.
- j) As representatives of Camosun College, student-athletes must consider their conduct and apparel as significant at all times, but especially on road trips. They are expected be well groomed and to dress and conduct themselves in an appropriate manner at all times.

ANY BEHAVIOR IN CONTRAVENTION OF THIS POLICY WILL RESULT IN SUSPENSION FROM THE CHARGERS ATHLETICS PROGRAM FOR THE REMAINDER OF THE YEAR.



12. FINANCIAL ASSISTANCE

CAMOSUN COLLEGE FINANCIAL ASSISTANCE

Students who are eligible for financial assistance may receive funds from one or more of the following sources: loans, part-time employment, awards, bursaries, and scholarships. For further information, please contact the Financial Aid Office.

Liz Ashton Campus Centre - Room 204

financialaid@camosun.ca

250-370-4862

BC ATHLETE ASSISTANCE PROGRAM

Provincial Government funding through the BC Athlete Assistance Program (AAP) may be available. Eligible sports in the PACWEST include badminton, basketball, golf, soccer, and volleyball. Value of the awards varies depending upon funding and will be presented to student-athletes who meet the following criteria:

- Canadian citizens or landed immigrants (copies of IM1000 forms required for proof of landed immigrant status);
- Resident of British Columbia (must be a resident of BC for a minimum of one academic year prior to application);
- Currently registered and attending a minimum of three (3) credit (post-secondary) courses or equivalent;
- Maintain a satisfactory academic standing (i.e. passing a minimum of three (3) credit courses or equivalent);
- Register and attend in a minimum of three (3) credit (post-secondary) courses or equivalent in the winter semester;
- Maintain a training schedule acceptable to Camosun College, coach and manager, Athletics and Student Life; and





13. STUDENT SERVICES

You are a person, a student, and an athlete. There are numerous supports and services available to you throughout your personal, academic, and athletic journey at Camosun.

ACADEMIC ADVISING

We help you make sense of the post-secondary system and develop skills to navigate your academic path. This includes: personalized advice, help you stay on track, education planning, course selection, and course transfers.

OFFICE OF STUDENT SUPPORT

The Office of Student Support works collaboratively with students, staff, faculty, and community partners to guide and support students on their learning journey towards student success.

- Supporting Students
- Sexual and Gender-Based Violence
- Non-Academic Student Conduct

COUNSELLING

It's normal to feel overwhelmed or unsure of how to deal with life's challenges. Our team of professional counsellors are here to support you and help you be successful and stay healthy during your time at Camosun.

Camosun students may access confidential counselling. Community referrals can be made for students requiring more frequent or long-term counselling therapy.







13. INTERCOLLEGIATE ATHLETIC AWARDS

CEREMONY

Camosun College celebrates the achievements of its athletic representatives and coaches at the annual Chargers Athletic Awards Ceremony to be scheduled later in the season.

AWARDS

Athletic Association Awards

Awards administered through the PACWEST and CCAA such as the Provincial All-Star and All-Canadian Awards are forwarded to the college and presented to recipients at the athletic awards ceremony. For PACWEST awards, go to their website at www.pacwestbc.ca, click on Operations Manual then to Article 7 - Awards. For CCAA award information, go to www.ccaa.ca and click on the Awards tab.

College and Department Awards

These awards are presented to student-athletes each year at the final league home game/matches or at the Chargers Athletic Awards Ceremony.

PRESIDENT'S CUP AWARD

This award is presented to the student-athlete who has best demonstrated a combined achievement in both athletics and academics.

Criteria:

- Must be a full-time returning student attending Camosun College and participating in Chargers intercollegiate athletics during the current Fall and Winter semester/term.
- Must be participating on a Camosun College Chargers representative team that competes in the PACWEST or other recognized intercollegiate athletics association.
- Must be a returning student-athlete meeting the criteria based on the PACWEST Academic Excellence Award
- Must have achieved athletic recognition in the PACWEST and/or CCAA.

Award: The student-athlete will be presented with an engraved plaque. The recipient's name will be engraved on the President's Cup trophy, which is kept on display at the College.

TEAM LEADERSHIP AWARD

The Team Leadership award is presented to the student-athlete who has demonstrated leadership skills of dedication, commitment, integrity and maturity.

Criteria:

- Must be a full time student attending Camosun College.
- Must be participating on a Camosun College representative team that competes in the PACWEST or other recognized intercollegiate athletics association.
- Must demonstrate leadership skills of dedication, commitment, integrity and maturity.
- One (1) student-athlete from each team is eligible for this award.

Award: Coaches from each team will present an award to the selected student-athlete on their respective team.



ROOKIE OF THE YEAR AWARD

The Chargers Rookie of the Year award is presented to the student-athlete who has demonstrated growth in the areas of technical and physical skills and leadership development in their first year as a Camosun Chargers student-athlete.

Criteria:

- Must be a full time student attending Camosun College.
- Must be in their first year of eligibility on a Camosun College representative team and first year of competition in the PACWEST or other recognized intercollegiate athletics association.
- Must have demonstrated growth in the areas of technical and physical skills and leadership development.
- One (1) student-athlete from each team is eligible for this award.

Award: Coaches from each team will present an award to the selected student-athlete on their respective team.

TEAM MOST VALUABLE PLAYER (MVP) AWARD

The MVP award recognizes student-athletes who have excelled in the areas of athleticism, game performance, leadership and character.

Criteria:

- Must be a full time student attending Camosun College.
- Must be participating on a Camosun College representative team that competes in the PACWEST or other recognized intercollegiate athletics association.
- Must have excelled in the areas of athleticism, game performance, leadership and character.
- One (1) student-athlete from each team is eligible for this award.

Award: Coaches from each team will present an award to the selected student-athlete on their respective team.

CHARGERS ATHLETIC FIFTH YEAR RECOGNITION AWARD

The Charger Athletic Fifth Year Recognition Award is presented to a student-athlete who has completed five (5) years of eligibility within the PACWEST and CCAA.

Criteria:

- Must be a full time student attending Camosun College.
- Must be participating on a Camosun College representative team that competes in the PACWEST or other recognized intercollegiate athletic association.
- In their fifth and final year of PACWEST & CCAA eligibility.

Award: A student-athlete that has represented the Chargers a minimum of four (4) years and are in their fifth and final year of eligibility will receive their uniform in a shadow box frame with an individual photograph and engraved plate indicating their years of play. A student-athlete that has represented the Chargers three (3) years or less and are in their fifth and final year of eligibility will receive framed action photograph with an engraved plate indicating their years of play.

Presentation: The recognition presentation will take place at the Chargers final PACWEST league home game/match of the season.



PACWEST ACADEMIC EXCELLENCE

The PACWEST Academic Excellence award is presented to student-athletes who have achieved academic excellence combined with a commitment to athletics at the intercollegiate level.

Criteria:

- Must be a full time student attending Camosun College.
- Must be participating on a Camosun College representative team that competes in the PACWEST.
- Student-Athletes must have achieved a cumulative GPA of 8.0 on a 9.0 scale or the equivalent of honours at their institution. Cumulative GPA will be based on the previous year's courses along with those completed in the September December semester.
- Successful completion of a minimum of 27 credit hours.

Award: PACWEST Certificate of Recognition

CCAA SCHOLAR-ATHLETE AWARD

Criteria:

- Must be a full time student attending Camosun College.
- Must be listed on CCAA Eligibility form for the current year.
- Must have achieved:
- honours standing at their institution in at least one semester, AND
- have attended classes during two (2) semesters during their current academic year (fall and winter semester) and presented an honours standing with a combined GPA over those two (2) semesters.

Award: CCAA Certificate of Recognition.















APPENDIX A: IMPORTANT WEBSITE ADDRESSES

SPORTS

Pacific Western Athletic Association <u>www.pacwestbc.ca</u>

Canadian Collegiate Athletic Association www.ccaa.ca
Pacific Institute for Sport Excellence www.pise.ca

Canadian Sport Institute—Pacific www.csipacific.ca

Sports Canada.tv sportscanada.tv

Canadian Centre for Ethics in Sport cces.ca

CAMOSUN COLLEGE

Camosun College Directory <u>camosun.ca/about/directory.html</u>

Services for Students <u>camosun.ca/students</u>

Financial Aid and Awards <u>camosun.ca/financialaid/</u>

Important Dates <u>camosun.ca/events/important-dates</u>

Centre for Sport and Exercise Education <u>camosun.ca/learn/school/sport-exercise-education/index.html</u>

CHARGERS

Camosun Chargers <u>camosun.ca/sports/chargers</u>

Flickr flickr.com/photos/camosunchargers

Facebook <u>facebook.com/camosunchargers</u>

Twitter twitter.com/camosunchargers

Instagram <u>instagram.com/camosunchargers</u>

TikTok tiktok.com/@camosunchargers

