

Interurban Preschool Center – Daily Schedule

Parents need to put sunscreen on their children before leaving in the morning. The only time it is not needed is on a rainy winter's day.

Please note: All times are approximate.

	Center Opens.
8:00 a.m.	Children choose free play: developmentally appropriate learning experiences and activities provided.
9:50 a.m.	“Five minutes” reminder for clean up.
9:55 a.m.	Clean up.
10:00 a.m. - 10:05 a.m.	Everyone heads over to book area.
10:05 a.m. - 10:20 a.m.	Toileting, diapering if needed, and washing hands. (One group at a time). Other groups wait in book area.
10:20 a.m. - 10:35 a.m.	Snack
10:35 a.m. – 11:00 a.m.	Circle/music/books/games/dancing.
10:50 a.m. - 11:10 a.m.	Groups transition to washroom then get ready for outside.
11:10 a.m. – 11:50 a.m.	Outside time. First group starts going in at 11:40 a.m.
11:45 a.m. - 12:00 p.m.	Start coming in and getting ready for lunch.
12:00 p.m. - 12:30 p.m.	Lunch Time.
12:30 p.m. – 1:00 p.m.	Tooth brushing and toileting starts. When children are finished they go over to the book area. The third group will go on their beds with books in the main play area.
1:00 p.m.	Groups head into their rest rooms. Please avoid pick-up of your child between 1-2 p.m.
1:00 p.m. - 2:00 p.m.	Rest time, main playroom gets set up for afternoon activities.
2:00 p.m. – 2:45 p.m.	Children are assisted with toileting as they wake up, then they go to the book area for calendar & weather. The Educator reads them a book then children choose an activity.
2:50 p.m. - 3:00 p.m.	Clean up, wash hands for snack. (One group at a time.)
3:00 p.m. - 3:30 p.m.	Snack.
3:30 p.m. - 4:00 p.m.	Snack cleaned up. Children get ready for outside.
4:00 p.m. - 4:50 p.m.	Outside play (weather permitting, and when it's not dark already). Children picked up. ** Last child is to be picked up no later than <u>4:50 p.m.</u>**
4:50 p.m. - 5:00 p.m.	Educator clean-up and lock-up.