

## CHEF'S TABLE - Lansdowne campus

Date: October 30, 2009

Time: Noon to 1:30 pm

Venue: Campus Caf

### Attendees:

|                           |                        |                        |
|---------------------------|------------------------|------------------------|
| Kathryn Le Gros (Camosun) | Donna Burger (Aramark) | Bill Code (Camosun)    |
| Pam (student)             | Connie (student)       | Cindy Kwok (Secretary) |
|                           |                        |                        |

### Agenda:

1. What's New - Aramark
2. Update from last meeting
3. Today's topic
4. New Questions / Issues
5. Moving Forward

### Meeting Notes:

Pam volunteers and writes for Nexus. Most food services related articles published in Nexus are negative and unpleasant. Pam hopes to write something positive and will show us her article before sending to Nexus.

#### 1. What's new from Aramark:

- Wide variety of side salads and vegetarian choices – 30 choices on any given day (6 choices at the grill, 2 at Euro, 4 at Worldfare, 1 vegetarian soup everyday with 5 to 8 choices for sandwiches)
- There are different dietary needs within the Camosun community – gluten, dairy, vegetarian, vegan etc. There are also different preferences in flavor for both vegetarian and non-vegetarian (Cajun, curry)
- All food made on-site (eg. add vegetable, spice and meat in soup) and some are from scratch (eg. chilli)
- Bread is not baked on-site
- Whole wheat pizza crust now offered. All-day breakfast items such as waffles are successful. Bacon and oatmeal also successful
- Brown rice sushi discontinued – not popular as sushi rice is too soft
- Wraps: Eggless breakfast wrap, BLTC and Western all popular. Mexi-wrap with hot salsa recently added
- Gift card successful. Easy to use and reload, and fast (swipe-and-go)
- May consider “express lane” for gift card holders in busy morning hours
- Aramark will designate one staff to update and maintain the Campus Dish website
- All food trans-fat compliant; nutritional information can be found on Campus Dish website

## **2. Update from last meeting**

- Spelt break from Cascadia was sampled (for 2 days, from 11 am to 2 pm). Comments from students were: flavor is good but too expensive; number of calories is too high and not appealing
- There are food allergies within the Camosun community; Aramark will try to help, research and accommodate, but may not meet everyone's dietary needs
- Chef's Table handbills and posters at both campuses were distributed. CCSS emailed all students. College-wide email protocol to all students is still work-in-progress.
- Space in Campus Caf is too tight for wheeled-walkers
- Aramark/Camosun is aware of space problem. Although current equipment can double output, space limitation is holding back expansion and renovation will be needed. It is hopeful that Camosun will accommodate the space needed (there is a master plan for renovation / student spaces)

## **3. Today's Topic**

- Healthy food opportunities was the suggested topic; very brief discussion carried out with not much information added
- The question of options to bottled water came up
- Camosun will continue to sell bottled-water as the College responds to demand and needs to provide choices – we have water bottle refill machines and may look into getting filtered tap
- Some campuses have considered not selling bottled water, yet very often the #1 selling beverage is bottled water (currently at Campus Caf: 800 bottles sells per week, in addition to Bookstore and vending machines)
- Camosun has a water refill station for reusable water bottles

## **4. New Questions / Issues**

- None

## **5. Moving forward**

- Chef's Table will occur once per semester (per campus) instead of every month
- College committee members will meet after Chef's table meetings
- November Chef's table will be canceled
- Next Chef's Table will be held in Feb 2010:
  - Feb 26 – Lansdowne Chef's table
  - March 5 – Interurban Chef's table
  - March 12 – College committee meeting (1 hr) at CSEE room

*Meeting adjourned*