

Verification of Mental Health Disorder (Supplementary Information Request)

NOTE: Forms completed or altered by anyone other than the Certifying Medical Professional whose signature appears on this form will not be processed.

| Patient Information | |
|---------------------|-----------------------------|
| Legal Name: | Date of Birth (MM/DD/YYYY): |

1. **Please check one:** I certify that I am a **Registered Psychologist**, **Psychiatrist**, or a **Physician with expertise in diagnosing and/or treating the condition(s) indicated below.**

2. Indicate your **DSM-IV or DSM-5 diagnosis** for the Patient:

| DSM Diagnosis | DSM Diagnostic Code | Date of Onset | Expected to Persist <input checked="" type="checkbox"/> |
|---------------|---------------------|---------------|---|
| | | | <input type="checkbox"/> Less than 2 years <input type="checkbox"/> 2+ years <input type="checkbox"/> Not expected to improve |
| | | | <input type="checkbox"/> Less than 2 years <input type="checkbox"/> 2+ years <input type="checkbox"/> Not expected to improve |
| | | | <input type="checkbox"/> Less than 2 years <input type="checkbox"/> 2+ years <input type="checkbox"/> Not expected to improve |

3. In addition to the DSM-IV criteria, I certify that I used the following **diagnostic measures** to arrive at the diagnosis (please check all relevant items below):

| <input checked="" type="checkbox"/> | Diagnostic Measures Used (check all that apply) | | |
|-------------------------------------|---|--------------------------|-----------------------|
| <input type="checkbox"/> | Structured/unstructured interviews with patient | <input type="checkbox"/> | Developmental history |
| <input type="checkbox"/> | Interviews with other persons | <input type="checkbox"/> | Educational history |
| <input type="checkbox"/> | Behavioural observations | <input type="checkbox"/> | Medical history |
| | | | |
| <input type="checkbox"/> | Neuropsychological testing (enclose report if completed within last 5 years) | | |
| <input type="checkbox"/> | Standardized or non-standardized rating scales (please specify): → | | |
| <input type="checkbox"/> | Other (please specify): → | | |
| <input type="checkbox"/> | I did not diagnose the Patient. S/he was diagnosed by Dr. _____ on (date) _____. (Please enclose report from original assessor/diagnostician.) | | |

4. List the major symptoms of the disorder that **currently affect the Patient** (be sure to include any significantly impairing side effects from medication that affect the Patient; attach an additional sheet if required):

| Symptom | Persists with Treatment <input checked="" type="checkbox"/> | Frequency | | | |
|---------|---|--------------------------|--------------------------|--------------------------|-----------------|
| | | Daily | Weekly | Monthly | Other (Specify) |
| | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |

5. Indicate on each scale below the number that best represents the Patient's **current level of functioning**, *even with treatment*, for the activities of daily living listed below.

| School/Work/Life Activity | No Limitation Totally Impaired | Unknown/Not Assessed <input checked="" type="checkbox"/> |
|--------------------------------|---------------------------------|--|
| Staying on task | 1-----2-----3-----4-----5 | <input type="checkbox"/> |
| Following simple instructions | 1-----2-----3-----4-----5 | <input type="checkbox"/> |
| Following complex instructions | 1-----2-----3-----4-----5 | <input type="checkbox"/> |
| Reading a scholarly article | 1-----2-----3-----4-----5 | <input type="checkbox"/> |
| Reading a newspaper article | 1-----2-----3-----4-----5 | <input type="checkbox"/> |
| Taking notes in class | 1-----2-----3-----4-----5 | <input type="checkbox"/> |
| Living alone | 1-----2-----3-----4-----5 | <input type="checkbox"/> |
| Sleeping | 1-----2-----3-----4-----5 | <input type="checkbox"/> |
| Eating | 1-----2-----3-----4-----5 | <input type="checkbox"/> |
| Interacting socially | 1-----2-----3-----4-----5 | <input type="checkbox"/> |
| Managing self care | 1-----2-----3-----4-----5 | <input type="checkbox"/> |
| Managing internal distractions | 1-----2-----3-----4-----5 | <input type="checkbox"/> |
| Managing external distractions | 1-----2-----3-----4-----5 | <input type="checkbox"/> |
| Completing tasks on time | 1-----2-----3-----4-----5 | <input type="checkbox"/> |
| Attending classes regularly | 1-----2-----3-----4-----5 | <input type="checkbox"/> |
| Making/keeping appointments | 1-----2-----3-----4-----5 | <input type="checkbox"/> |
| Managing stress | 1-----2-----3-----4-----5 | <input type="checkbox"/> |
| Organizing | 1-----2-----3-----4-----5 | <input type="checkbox"/> |
| Other: _____ | 1-----2-----3-----4-----5 | |

6. Indicate the following:

a. Date the Patient was first seen by you: _____

b. How frequently you have treated the Patient **in the past 2 years**¹ (choose only one):

Weekly Bi-weekly Monthly Quarterly Annually Other: _____

7. Is there **anything else** you think we should know about the Patient's disorder (including recommendations for support)?

Certifying Medical Professional

*I certify that the information provided on this form is **accurate** to my knowledge and that the person identified in this assessment as "the Patient" **experiences the impairments** I have indicated.*

| | | |
|--|-----------|----------------------------|
| Name of Certifying Medical Assessor: | | Registration/Certificate#: |
| Occupation/Specialization of Medical Assessor: | | Telephone Number: |
| Mailing Address: | | Fax Number: |
| City/Town: | Province: | Postal Code: |
| Signature (in ink): | | Date: |
| STAMP | | |

¹ **Note to Applicant:** A short case history with your doctor may require additional medical documentation from your current and/or previous doctor.