

AMERICAN PSYCHOLOGICAL ASSOCIATION
STYLE GUIDELINES:

CITATIONS IN THE MAIN TEXT OF THE PAPER

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General Format: Citations in the main text of the paper include the author(s) (last names only) and the year of publication.

1. **When there is *one author*, cite the name and the date every time the reference occurs.**

Example 1:

Berry (1991) has argued that when people are allowed to maintain their cultural heritage, they develop a positive self-image, which in turn, leads to the social and economic well-being of the Canadian society.

Example 2:

When people are allowed to maintain their cultural heritage, they develop a positive self-image, which in turn, leads to the social and economic well-being of the Canadian society (Berry, 1991).

Example 3:

It has been argued (Berry, 1991) that when people are allowed to maintain their cultural heritage, they develop a positive self-image, which leads to the social and economic well-being of the Canadian society.

2. When there are ***two authors for the same work***, cite both the names followed by the year every time the reference occurs.

* **NOTE:** When citing more than one author, the word “and” is used in the text and an ampersand (&) is used within parentheses.

Example 1

Markus and Kitayama (1991) observed that the Western culture tends to encourage an individualistic view of self whereas the Eastern culture tends to encourage the interdependent view of self.

Example 2

In comparing the self-views of people, researchers (Markus & Kitayama, 1991) observed that the Western culture tends to encourage an *individualistic* view of self whereas the Eastern culture tends to encourage the *interdependent* view of self.

3. When there are ***three to five authors for the same work***, cite all the names in the first occurrence of the reference. In the subsequent reference, include only the first author followed by "et al." and the year.

Example

Berry, Kalin, and Taylor (1977) conducted a nationwide survey in which they observed that people who trace their ancestry to Britain tend to use the label Canadian rather than English-Canadian to define self. Berry et al. (1977) further observed that among the people who trace their ancestry to France tend to use the label French-Canadian or Quebecois to define self.

4. When there are ***more than six authors for the same work***, cite the first authors surname and date followed by “et al.” for all citations including the first occurrence.

5. When there are *two or more works by the same author* providing one idea, cite the author and provide each date (in chronological order beginning with the earliest) followed by a comma.

Example:

Aboud (1977, 1979, 1981, 1987) examined the self-views of school children and observed that one's skin color is a very powerful and salient device for categorizing one's social world into "us" vs. "them."

6. When the author has *more than one work in a single year*, distinguish these works by writing the year followed immediately by the letter "a", "b", "c" etc. as needed.

Example:

Aboud (1977a, 1977b) examined the self-views of school children and observed that one's skin color is a very powerful and salient device for categorizing one's social world into "us" vs. "them."

7. When there are *many authors of different works providing the same idea*, cite all authors with the date. When these authors are cited within parentheses, cite these authors in an alphabetical order with the date, and separate each author and date with a semicolon.

Example 1:

Aboud (1987), Berry (1991), Markus (1983), and McGuire (1984) have proposed that the cultural diversity of modern society plays a significant role in shaping people's views of themselves.

Example 2:

Contemporary researchers (Aboud, 1987; Berry, 1991; Markus, 1983; McGuire, 1984) have proposed that the cultural diversity of modern society plays a significant role in shaping people's view of themselves.