

# CAMOSUN COLLEGE CULINARY ARTS

## TEXT BOOKS & SUPPLIES FOR PC-1, PC-2 & PC-3

**Note that all prices are approximate & subject to change without notice  
applicable taxes will be added**

### TEXT BOOKS & SUPPLIES:

1. Professional Cooking for Canadian Chefs 7<sup>th</sup> edition (Wayne Gisslen)  
& Professional Cooking Study Guide (self test bank) \$ 135.00
2. Block-A "Occupational Skills" Resource for PC-1, 2 & 3) \$ 46.50
3. Learning Guides:
  - PC-1 (includes Kitchen Basics DVD) \$ 80.00
  - PC-2 \$ 40.00
  - PC-3 \$ 40.00
4. Recipe Files (2) for PC-1, 2 & 3
  - Cooking; \$ 28.75 and Baking; \$ 16.75 \$ 45.50
5. The recipe file is available on CD from the Culinary Art Dept \$ 10.00
6. Calculator \$ 15.00
7. Ring Binders:
  - (2 for recipes, 1 for Block A & 1 for each Learning Guide) \$ 20.00
8. Pens & Pencils \$ 8.00
9. Name Tag: \$ 12.00 refundable deposit
10. Locker: \$5.00 refundable deposit plus rental \$ 6.00/month

### Optional Texts: (Approximate Total Cost: \$65 00)

- Herring's Dictionary (*no longer in print but available at the library*)
- Meat Manual (Canadian Meat Council)
- Food Lover's Companion (Sharon Tyler Herbst)
- Nutrient Value of Some Common Foods (Health Canada)
- Others.....

**TOOLS:** Students must supply their own knives and personal tools

### Minimum Requirements:

- 1 8" chef's knife
- 1 Boning knife
- 1 Paring knife
- 1 Vegetable peeler
- 1 Sharpening steel
- 1 Pocket Thermometer
- 2 Pastry Bags (40 cm or 16 inches)
- Piping Tips (star #12 & plain #15 Minimum)
- 1 pastry brush
- 1 Metal dough Scraper
- 1 Set of measuring Spoons
- 1 Set of measuring Cups
- Piping Tips (star #12 & plain #15 Minimum)
- 1 pastry brush

### Suggested Additions:

- Parisienne scoop (melon baller)
- Zester
- Slicer (or large Chef's knife)
- Roast fork
- Fillet knife
- Metal spatula
- Utility knife

**All of the knives listed above are available at the Camosun  
College Bookstore located in the Campus Center building**

"TOOLS" are also available at Russell Food Equipment, 2122 Douglas Street in Victoria, or in most kitchen and knife stores such as **House of Knives**.