

**Camosun International
presents**

TAP into Canada

A Transition + Planning Workshop Series for
International & New Canadian Students.

<p>Lansdowne: 10:30 am - 12:00 pm January 19th International Office, Dawson 201C Interurban: 2:00 pm - 3:30 pm January 19th Campus Centre 123</p>	<p>Tips for Success: Learning in Canada Marc Bavin - Associate Director Camosun International</p> <ul style="list-style-type: none">• Academic expectations - differences between Canada and your culture.• Students' rights and responsibilities.• Learn about helpful resources on campus to support you.• Classroom etiquette - typical classroom communication.
<p>Lansdowne: 1:00 pm - 3:00 pm February 24th International Office, Dawson 201C Interurban: 10:30 am - 12:30 pm February 21st Campus Centre 251J</p>	<p>Employment Readiness in Canada Irene Wallace - Employment Facilitator</p> <ul style="list-style-type: none">• Presented by Student Employment Services.• Gain valuable work search strategies.• Learn interview skills and employment readiness tips.• Find out about resources to support you in your employment goals.
<p>Lansdowne: 1:30 pm - 3:00 pm March 21st International Office, Dawson 201C Interurban: 1:30 pm - 3:00 pm March 22nd Campus Centre 121</p>	<p>Dealing with Stress and Anxiety Anna Stein - International Student Counsellor</p> <ul style="list-style-type: none">• Explore some of the gifts and challenges of being a new immigrant or international student in Canada.• Develop an understanding of the causes of stress in your life.• Gain tools to manage stress and anxiety.• Consider strategies for increasing your ability to deal with challenges.



Please sign up at the International Office at either campus. Space is limited to 15 participants. Sign up early!
Lansdowne International Office, Dawson 201C, Interurban International Office, Campus Centre 229.

Email: inted@camosun.ca

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