



# WOMEN'S Volleyball

2011 – 2012



**L-R Back:**

Jenna Brown,  
Morgan Marshall,  
Natalie Delange,  
Jamie Fleet,  
Olivia Redden,  
Carly Hilliard

**Middle:**

Cody Forssell  
(Student Athletic Therapist),  
Rachael Mokosak,  
Taylor Fedosoff,  
Hillary Graham,  
Melanie McKinnon,  
Mariah Holmstrom,  
Chris Abra (Asst. Coach)

**Front:**

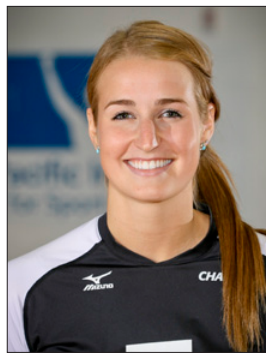
Alison Haynes  
(Student Athletic Therapist),  
Elizabeth Davis,  
Suzanna Campbell,  
Kelly Johnson,  
Angela Richards,  
Kelsey Clarke,  
Jarret Poirtras (Asst. Coach),  
Chris Dahl (Head Coach)





**Jenna Brown #9**

Year: 2  
 Position: Rightside  
 Height: 6'0"  
 Home: Courtenay  
 High School: Mark Isfeld  
 Program: Assoc Arts



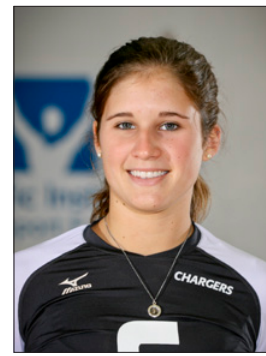
**Suzanna Campbell #5**

Year: 2  
 Position: Setter  
 Height: 5'9"  
 Home: Penticton  
 High School: Penticton  
 Program: UT



**Kelsey Clarke #10**

Year: 1  
 Position: Setter  
 Height: 5'8"  
 Home: Delta  
 High School: Seaquam  
 Program: Assoc Arts



**Elizabeth Davis #6**

Year: 2  
 Position: Leftside  
 Height: 5'10"  
 Home: Victoria  
 High School: Glenlyon  
 Program: Bus Admin



**Natalie Delange**

Year: Redshirt  
 Position: Middle  
 Height: 6'1"  
 Home: Courtenay  
 High School: GP Vanier  
 Program: Ex Well

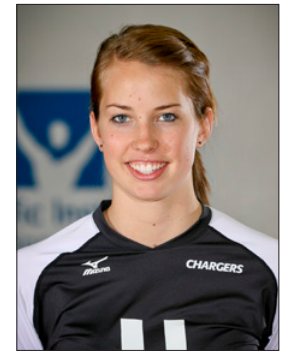
**2011 – 2012 Women's Volleyball Schedule**

Day	Date	H/A	Home	Away	Time	Location	Division
<b>October</b>							
THU	13	H	CAM	COTR	6:00	PISE	League
FRI	14	H	CAM	COTR	6:00	PISE	League
FRI	21	H	CAM	VIU	6:00	PISE	League
SAT	22	H	CAM	VIU	6:00	PISE	League
FRI	28	H	CAM	CAP	6:00	OFF-CAMPUS	League
SAT	29	H	CAM	CAP	1:00	OFF-CAMPUS	League
<b>November</b>							
FRI	4	A	CBC	CAM	6:00	Abbotsford	League
SAT	5	A	CBC	CAM	1:00	Abbotsford	League
FRI	11	A	COTR	CAM	6:00	Cranbrook	League
SAT	12	A	COTR	CAM	1:00	Cranbrook	League
FRI	18	H	CAM	DC	6:00	PISE	League
SAT	19	H	CAM	DC	1:00	PISE	League
FRI	25	A	UFV	CAM	6:00	Chilliwack	League
SAT	26	A	UFV	CAM	1:00	Chilliwack	League
<b>January</b>							
FRI	13	A	CAP	CAM	6:00	North Vancouver	League
SAT	14	A	CAP	CAM	1:00	North Vancouver	League
FRI	20	H	CAM	CBC	6:00	PISE	League
SAT	21	H	CAM	CBC	1:00	PISE	League
<b>February</b>							
FRI	3	A	DC	CAM	6:00	New Westminster	League
SAT	4	A	DC	CAM	1:00	New Westminster	League
SAT	11	H	CAM	UFV	6:00	PISE	League
SUN	12	H	CAM	UFV	1:00	PISE	League
FRI	17	A	VIU	CAM	6:00	Nanaimo	League
SAT	18	A	VIU	CAM	6:00	Nanaimo	League



**Kelsey Johnson #3**

Year: 1  
 Position: Libero  
 Height: 5'5"  
 Home: Nanaimo  
 High School: Woodlands  
 Program: Assoc Science



**Morgan Marshall #4**

Year: 1  
 Position: Rightside  
 Height: 6'1"  
 Home: Smithers  
 High School: Smithers  
 Program: Ex Well



**Angela Richards #12**

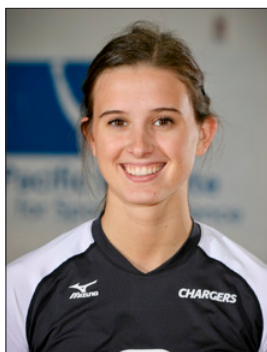
Year: 1  
 Position: Leftside  
 Height: 5'8"  
 Home: Mill Bay  
 High School: Frances Kelsey  
 Program: UT

**Chris Koutougos  
 – Assistant Coach**



For Chargers event dates and times, check the Chargers blog at [camosunchargers.blogspot.com](http://camosunchargers.blogspot.com)

Photography by Alan Shook, College A/V Services

**Taylor Fedosoff #8**

Year: 2  
 Position: Leftside  
 Height: 5'10"  
 Home: Nanaimo  
 High School: Woodlands  
 Program: UT

**Jamie Fleet #1**

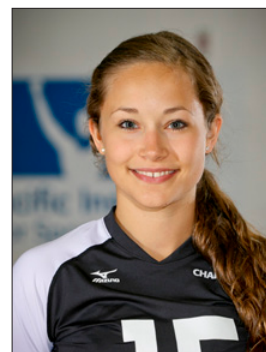
Year: 1  
 Position: Middle  
 Height: 6'1"  
 Home: Penticton  
 High School: Penticton  
 Program: UT

**Hilary Graham #11**

Year: 2  
 Position: Rightside  
 Height: 5'10"  
 Home: Courtenay  
 High School: Mark Isfeld  
 Program: Ex Well

**Carly Hilliard #2**

Year: 1  
 Position: Middle  
 Height: 6'0"  
 Home: Delta  
 High School: Seaquam  
 Program: UT

**Mariah Holmstrom #15**

Year: 2  
 Position: Leftside  
 Height: 5'8"  
 Home: Campbell River  
 High School: Carihi  
 Program: Bus Admin

**Melanie McKinnon #13**

Year: 4  
 Position: Leftside  
 Height: 5'10"  
 Home: Victoria  
 High School: Reynolds  
 Program: Assoc Science

**Rachael Mokosak**

Year: Redshirt  
 Position: Leftside  
 Height: 5'8"  
 Home: Mill Bay  
 High School: Francis Kelsey  
 Program: Assoc Science

**Olivia Redden #14**

Year: 1  
 Position: Middle  
 Height: 6'1"  
 Home: Delta  
 High School: Seaquam  
 Program: Bus Admin

**Chris Dahl – Head Coach**

**Home Town:** Prince George, BC  
**High School:** Kelly Road Secondary School  
**Education:** Bachelor of Education, University of Victoria  
 Level 3 NCCP Coach  
 NCCP Level 1 & 2 Course Conductor

**Coaching Experience & Highlights:**

- 2011 Team BC 18U Women's Head Coach
- National Team Challenge Cup Gold Medalists
- Head Coach, Volleyball Centre of Excellence BC at PISE
- Head Coach, Camosun women's volleyball beginning Fall 2010
- Volleyball BC Regional Coach 2004-06 & 2007-present
- VIU Mariners men's volleyball Asst. Coach 2007-09 (BCCAA Bronze 2009 & BCCAA Silver 2008)
- Camosun Chargers men's volleyball Asst. Coach 2006-07
- College of New Caledonia men's volleyball Head Coach 2005-06
- Team BC 2010 NTCC 18U Women's Asst. Coach
- Team BC 2009 Canada Games 21U Mens' Co-Head Coach (Canada Games Bronze; US Open Silver)
- Team BC 2008, 2007, 2005 Western Elites 16U Boys' Coach (Western Elites Gold 2007 & 2005)
- Team BC 2006 NTCC 18U Men's Co-Head Coach (National Team Challenge Cup Gold)
- Victoria Volleyball Association 2003-04, 2010 (2003 National Championships Silver; 2003 Provincial Championships Gold)
- Prince George Youth Volleyball Club Kodiaks 2005 (2005 Provincial Championships Gold)
- Grande Prairie Wolves Volleyball Club 1995
- Lambrick Park Secondary Sr. Boys Head Coach 2000-04 (2003 & 2004 AA Boys Island Championships Gold)
- Oak Bay High School Sr. Boys Asst. Coach 2007 (2007 AAA Boys Provincial Championships Gold)
- Oak Bay Sr. Girls Coach 1999

**Professional Contributions:**

- Volleyball Canada Centre of Excellence Program Coach
- Volleyball BC High Performance Committee Member 2007-present
- Prince George Youth Volleyball Club Director 2004-06
- Sport Council of Prince George 2006

**Jarret Poitras – Assistant Coach**

**Home Town:** Kelowna, BC  
**High School:** Rutland Senior Secondary  
**Education:** BA - Recreation & Health Administration, UBC-Okanagan/University of Victoria  
 Volleyball Level 1 – Fully Certified

**Coaching Experience:**

- Camosun women's volleyball Asst. Coach – 2010-11
- Rutland Senior Secondary – Senior Boys Assistant Coach - 1999
- Victoria Volleyball Club Boys 18U/16U 2008-09
- Youth Beach Volleyball 2008-10

**Sports Highlights:**

- BCCAA Bronze Medalists OUC Lakers – 1999-00
- BCCAA Silver Medalist OUC Lakers: 2000-01
- CCAA Bronze Medalists OUC Lakers: 2000-01
- Team BC Beach Volleyball: 1999-2000
- U18 Beach Volleyball Provincials Silver Medalist: 1999
- Member of University of Victoria Men's volleyball team 2001-03

## CCAA & BCCAA Awards & Achievements

### BCCAA Provincial Championships

2010-2011	5th Place
2009-2010	5th Place
2006-2007	5th Place
2002-2003	5th Place
2001-2002	5th Place
2000-2001	4th Place
1999-2000	4th Place
1995-1996	5th Place

### Canadian Colleges' Athletic Association National Awards & Achievements

Kelsey Fletcher	2010-2011	National Scholar Athlete
Brenna White	2010-2011	National Scholar Athlete
Tanisha Marcelle	2009-2010	Academic All-Canadian Athlete of the Month, National Scholar Athlete
Chelsea Reimer	2009-2010	National Scholar Athlete
Ineke Rhebergen	2009-2010	National Scholar Athlete
Adrianna Waller	2009-2010	National Scholar Athlete

Stephanie Fulcher	2008-2009	National Scholar Athlete
Adrianna Waller	2008-2009	National Scholar Athlete
Sachi Ihara	2007-2008	National Scholar Athlete
Dana Allan	2006-2007	National Scholar Athlete
Megan Welle	2006-2007	National Scholar Athlete
Sachi Ihara	2006-2007	National Scholar Athlete
Katie Chiu	2005-2006	National Scholar Athlete
Dana Allan	2004-2005	National Scholar Athlete
Aislinn Dryden	2004-2005	National Scholar Athlete
Adrienne Robb	2001-2002	Academic All-Canadian
Adrienne Robb	2000-2001	Academic All-Canadian

Adrianna Waller	2009-2010	Academic Excellence
Dana Allan	2006-2008	Academic Excellence, Athlete of the Week (Nov. 12-18, 2007)
Sachi Ihara	2006-2008	Academic Excellence
Megan Welle	2006-2008	Academic Excellence
Dana Allan	2006-2007	Athlete of the Week (Nov. 19-26, 2007)
Caitlin Weir	2006-2007	Athlete of the Week (Jan. 7-14, 2007)
Dana Allan	2005-2007	Academic Excellence
Aislinn Dryden	2005-2007	Academic Excellence
Maya Miguel	2002-2003	2nd Team All-Star
Adrienne Robb	2001-2002	1st Team All-Star
Adrienne Robb	2000-2001	2nd Team All-Star
Lisa Francescutti	1999-2000	2nd Team All-Star, Athlete of the Week (Jan. 17-23, 2000)
Laura Russell	1995-1996	2nd Team All-Star

### British Columbia Colleges' Athletic Association Provincial Awards & Achievements

Suzanna Campbell	2010-2011	All-Rookie Team
Elizabeth Davis	2010-2011	Rookie of the Year, 2nd Team All-Star, All-Rookie Team, Athlete of the Week (Jan. 17-23)
Kelsey Fletcher	2010-2011	Academic Excellence
Tanisha Marcelle	2009-2010	2nd Team All-Star, Athlete of the Week (Jan. 3-10)

## Women's Volleyball Alumni

Lauren Cory	2010-2011	University of Central Florida
Laura McMillan	2001-2003	University of BC
Maya Miguel	2001-2003	University of BC
Emilee Harrison	1997-1999	University of Victoria
Erin Murray	1997-1999	University of Victoria

## Chris Abra – Assistant Coach

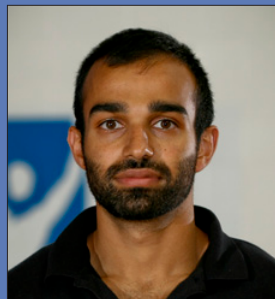
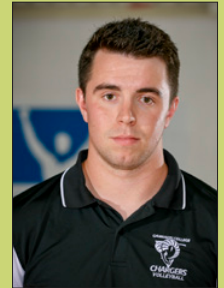
**Home Town:** Victoria, BC  
**High School:** Lambrick Park  
**Education:** UVic – BSc Kinesiology (in progress)  
**Certifications:** NCCP Level I

### Coaching Experience:

- Camosun Chargers Women's Volleyball Asst. Coach (2011)
- Volleyball Canada Centre of Excellence Girls' Regional Coach (2011)
- VVA U14 Boys (2011)
- Camosun Chargers Men's Volleyball Asst. Coach (2009-10)
- Lambrick Park Grade 8 Boys (2005)

### Sports Highlights:

- CCAA Bronze Medalist (2008-09)
- BCCAA Gold Medalist (2009-10)
- BCCAA Silver Medalists (2005-06)



**Sandeep Nandhra,**  
Head Athletic  
Therapist  
BSc, Dip Sim, CAT (C), CSCS



**Matt Fisher,**  
Strength  
& Conditioning  
BA, MSC Candidate CSCS



**Cody Forssell,**  
Student Athletic  
Therapist



**Alison Haynes,**  
Student Athletic  
Therapist

