



CO-OPERATIVE EDUCATION - EDUCATION THAT WORKS!

## MIDTERM REFLECTION ON LEARNING

To be completed by the student and submitted to your Co-op Field Instructor at the onsite visit.

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STUDENT NAME: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_

WORK PHONE: \_\_\_\_\_ WORK FAX: \_\_\_\_\_

STUDENT EMAIL: \_\_\_\_\_

SUPERVISOR NAME: \_\_\_\_\_ SUPERVISOR EMAIL: \_\_\_\_\_

COMPANY NAME: \_\_\_\_\_

DATE OF SITE VISIT: \_\_\_\_\_ CONDUCTED BY: \_\_\_\_\_

What is (are) the most valuable thing(s) you have learned so far during this work term?

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How do you feel you are progressing toward the goals described in your Work Term Learning Plan?

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How do you plan to further your learning for the remainder of this work term?

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How have your academic classes and life experiences affected your job performance?

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How do you think this experience will impact on your course work upon your return to school?

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How will this experience impact the direction of your future career plans?

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What skills, knowledge and abilities are you acquiring or developing through this experience that you would want to add to your resume for future work search?

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What examples of your work and achievements during this work term will you be adding to your own work experience file? Why? (What do those examples show about you?)

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**OTHER COMMENTS:**

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